



MONAVIE RVL™ PREMIER WEIGHT SOLUTION™

PRODUCT INFORMATION PAGE
For use in the United States and Canada only.

Whether you want to lose 5 or 75 pounds, maintain a healthy weight, or improve your overall nutritional well being, the MonaVie RVL Premier Weight Solution is for you.* Delivering more nutrition per calorie than leading brands,§ this premier weight solution features a delicious shake mix, crave-worthy snack bar, and all natural supplement. Packed with a balanced array of macro-, micro-, and phytonutrients, MonaVie RVL helps you manage your weight in a healthy way.* Say goodbye to unwanted pounds and hello to your best self.

KEY BENEFITS

- Helps you manage your weight in a healthy way
- Delivers convenient nutrition
- Provides vital macro-, micro-, and phytonutrients
- Features more nutrition per calorie than leading weight management brands
- Supports overall health and well being

* When used as a complete system and combined with a sensible diet and regular exercise.

§ Comparison based on U.S. products.

† If you have any health concerns, please contact your physician prior to starting a weight management or exercise program.

WEIGHT MANAGEMENT PROGRAM

Step 1: Visit monaviervl.com and create a customized online profile. This free tool makes it easy to stay on track.

- Record your calories
- Maintain food and fitness logs
- Track your progress
- Read success stories
- Download delicious, low calorie recipes
- Get motivated

Step 2: Use MonaVie RVL Premier Weight Solution products as directed to achieve your weight management goal.

Step 3: Participate in a minimum of 30 minutes of physical activity† most—if not all—days of the week.

REVEAL YOUR BEST SELF™

MONAVIE RVL NUTRITION SHAKE MIX

Go beyond meal replacement to nutrition enhancement with MonaVie RVL™ Nutrition Shake Mix. This wonderfully delicious, nutrient dense powder delivers a wider array of nutrients than a typical meal—in half the calories. Featuring AçaVie™, the purest, most potent form of açai available, each serving helps you manage your weight in a healthy way.* With MonaVie RVL Shake Mix, nutrition never tasted so good.

KEY BENEFITS

- Most nutritious weight solution available*†
- Helps maintain lean muscle mass*
- Fights hunger so you consume fewer calories*

MONAVIE RVL NUTRITION SNACK BAR

Indulge your taste buds without compromising your goal weight. MonaVie RVL Nutrition Snack Bars are delicious and nutritious. Featuring 24 vitamins and minerals, these low glycemic, antioxidant packed bars taste so good, you won't believe they're part of your weight management plan. Enjoy a scrumptious MonaVie RVL Snack Bar to help satisfy cravings between meals today.

KEY BENEFITS

- Helps satisfy cravings between meals*
- Delivers 24 vitamins and minerals
- Discourages unhealthy snacking*

MONAVIE RVL DIETARY SUPPLEMENT

Naturally boost your metabolism and accelerate your weight management goal with the MonaVie RVL Dietary Supplement. Boasting a powerful antioxidant blend of eight vegetables and AçaVie—the purest, most potent form of açai available—this all natural formula aids in the reduction of body fat.* Start burning more calories today with the MonaVie RVL Dietary Supplement.

KEY BENEFITS

- Naturally burns more calories*§
- Aids in the reduction of body fat*§
- Provides powerful antioxidants for your overall health*§

* When used as a complete system and combined with a sensible diet and regular exercise.

† Compared to leading U.S. brands.

§ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

FREQUENTLY ASKED QUESTIONS

HOW MUCH WEIGHT CAN I EXPECT TO LOSE ON THE MONAVIE RVL WEIGHT MANAGEMENT PROGRAM?

Healthy weight loss is 1–2 lbs. per week. Results vary by amount of weight you need to lose, diet, exercise, and adherence to the program.

DO I NEED TO EXERCISE WHILE I AM ON THE MONAVIE RVL WEIGHT MANAGEMENT PROGRAM?

Exercise and physical activity is important for many reasons. Incorporating exercise into your daily activity helps you be successful at losing weight. It's recommended to participate in a minimum of 30 minutes of physical activity most—if not all—days of the week. If you are just beginning to exercise, we recommend consulting with your physician prior to starting a new exercise program.

IS IT SAFE FOR CHILDREN TO USE THE MONAVIE RVL WEIGHT MANAGEMENT PROGRAM?

We do not recommend the MonaVie RVL Dietary Supplement capsule for individuals under the age of 18. Children can consume the MonaVie RVL Nutrition Shake Mix and Snack Bar for their important nutritional benefits; however, if they are meant to be used for weight loss, we recommend consulting with a doctor prior to having a child begin any weight management regimen.

WHAT ARE THE BENEFITS OF LOSING WEIGHT?

Some benefits of weight loss and regular exercise include reduced stress, better sleep, maintenance of healthy cholesterol and blood sugar levels, improved cardiovascular function, and an overall sense of well being so you not only look better, but feel better as well.

WHAT IS NUTRITION DENSITY?

There are three levels of nutrients that you need from food: macronutrients (carbs, protein, fat); micronutrients (vitamins, minerals); and phytonutrients (antioxidant-rich nutrients). The MonaVie RVL weight management program provides all three levels of these essential nutrients, making it a healthy, nutrient dense choice.

IF I DRINK THE MONAVIE RVL NUTRITION SHAKE MIX, DOES IT REPLACE MY DAILY MONAVIE JUICE?

No, MonaVie RVL Nutrition Shake Mix does not replace your daily MonaVie juice consumption. MonaVie's delicious



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nutritional shake provides a nutrient dense, balanced meal in a convenient format. Our body beneficial juice blends provide a wide array of antioxidants, vitamins, and phytonutrients, as well as other beneficial ingredients like Wellmune,[®] glucosamine, and plant sterols.

ARE THERE ANY NEGATIVE SIDE EFFECTS FROM TAKING THE MONAVIE RVL WEIGHT MANAGEMENT SUPPLEMENT?

There are several clinical studies on the efficacy of the ingredients in the MonaVie Dietary Supplement capsule. There are no known reports of negative side effects.

MONAVIE RVL NUTRITION SHAKE MIX

US LABEL

Nutrition Facts					
Serving Size: 1 scoop (54.6 g) Servings Per Container: 28					
Amount Per Serving	Powder	with 8 fl. oz. nonfat milk			
Calories	190	280			
Calories from Fat	35	40			
		% Daily Value*	% Daily Value*		
Total Fat	4 g	6%	6%		
Saturated Fat	1.5 g	6%	6%		
Trans Fat	0 g				
Monounsaturated Fat	2.5 g				
Cholesterol	40 mg	13%	14%		
Sodium	180 mg	8%	13%		
Potassium	300 mg	8%	20%		
Total Carbohydrate	29 g	10%	14%		
Dietary Fiber	12 g	49%	49%		
Sugars	7 g				
Palatinose™	5 g				
Protein	18 g	36%	42%		
	Powder	with 8 fl. oz. nonfat milk	Powder	with 8 fl. oz. nonfat milk	
Vitamin A	70%	80%	Vitamin C	50%	50%
Calcium	30%	60%	Iron	25%	25%
Vitamin D	45%	70%	Vitamin E	50%	50%
Thiamin	45%	50%	Riboflavin	50%	75%
Niacin	50%	50%	Vitamin B ₆	35%	40%
Folate	45%	50%	Vitamin B ₁₂	45%	65%
Biotin	45%	45%	Pantothenic Acid	45%	55%
Phosphorus	30%	50%	Iodine	20%	55%
Magnesium	25%	45%	Zinc	20%	35%
Selenium	20%	30%	Copper	6%	6%
Manganese	20%	20%	Chromium	100%	100%
Molybdenum	20%	20%	Chloride	8%	12%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Proprietary protein blend (whey protein concentrate, whey protein isolate, egg albumin, whey protein hydrolysate, calcium caseinate, milk protein isolate), polydextrose (dietary fiber), Palatinose™ (isomaltulose), sunflower oil creamer (high oleic sunflower oil, maltodextrin, sodium caseinate, mono- and diglycerides, dipotassium phosphate, tricalcium phosphate, soy lecithin, sodium silicoaluminate, tocopherols), organic cane sugar, alkalized cocoa powder, natural flavor, dicalcium phosphate, proprietary phytonutrient blend (AçaVie™ [açai and juçara freeze-dried powder, Enlivenox™ açai juice concentrate], beta-carotene with mixed carotenoids, cocoa powder with polyphenols, freeze-dried acerola, freeze-dried maqui, freeze-dried cupuaçu, camu camu powder, freeze-dried jabuticaba), cellulose gum, xanthan gum, magnesium oxide, salt, stevia (Reb-A), ascorbic acid, dl-alpha tocopheryl acetate, biotin, niacinamide, vitamin A palmitate, calcium pantothenate, zinc oxide, iron, cholecalciferol, manganese citrate, chromium polynicotinate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, cyanocobalamin, folic acid, sodium molybdate, potassium iodide, sodium selenite.

Contains milk, egg, and soy.

CANADA LABEL

Medicinal Ingredients/Ingrédients médicinaux	
Per 1 scoop (54.6 g) / par 1 mesure (54.6 g)	
Proprietary protein blend/Mélange exclusif de protéines: Whey protein concentrate/concentré de lactosérum, whey protein isolate/isolat de lactosérum	18 g
Calcium [dicalcium phosphate/phosphate dicalcique]	300 mg
Phosphorus/Phosphore [dicalcium phosphate/phosphate dicalcique]	300 mg
Magnesium/Magnésium [magnesium oxide/oxyde de magnésium]	100 mg
Vitamin/Vitamine C [ascorbic acid/acide ascorbique]	30 mg
Niacinamide	10 mg
Vitamin/Vitamine E [dl-alpha tocopheryl acetate/dl-alpha tocophérol acétate]	10 mg AT (15 IU)
Beta-carotene, and beta-carotene from [<i>Dunaliella salina</i>]/Bêta-carotène, et bêta-carotène avec [<i>Dunaliella salina</i>]	5 mg
Iron/Fer [electrolytic/électrolytique]	4.5 mg
Pantothenic acid/Acide pantothénique [calcium d-pantothenate/d-pantothénate de calcium]	4.5 mg
Zinc [zinc oxide/oxyde de zinc]	3 mg
Riboflavin/Riboflavine	0.85 mg
Thiamine [thiamine mononitrate/mononitrate de thiamine]	0.7 mg
Vitamin/Vitamine B ₆ [pyridoxine hydrochloride/chlorhydrate de pyridoxine]	0.7 mg
Manganese/Manganèse [manganese citrate/citrate de manganèse]	0.4 mg
Folate	180 mcg
Biotin/Biotine	135 mcg
Chromium/Chrome [chromium polynicotinate/chrome polynicotinate]	120 mcg
Vitamin/Vitamine A [from retinyl acetate/avec acétate de rétinyle]	100 mcg RAE (324 IU)
Iodine/Iode [potassium iodide/iodure de potassium]	30 mcg
Molybdenum/Molybdène [sodium molybdate/molybdate de sodium]	15 mcg
Selenium/Sélénium [sodium selenite/sélénite de sodium]	15 mcg
Vitamin/Vitamine D [cholecalciferol/cholécalciférol]	4.5 mcg (180 IU)
Vitamin/Vitamine B ₁₂ [cyanocobalamin/cyanocobalamine]	2.7 mcg

Nutrition Facts/Valeur nutritive: Calories 190, Fat/Lipides 4 g (5%), Carbohydrates/Glucides 29 g (10%), Fiber/Fibre 12 g (48%), Sugars/Sucre 7 g, Protein/Protéines 18 g. % = % Daily Value/Valeur quotidienne.

Nonmedicinal Ingredients/Ingrédients non médicinaux:

Polydextrose (fiber/fibre), Palatinose™ (isomaltulose), sunflower oil creamer/colorant huile de tournesol (high oleic sunflower oil/huile de tournesol à haute teneur en acide oléique, maltodextrin/maltodextrine, sodium caseinate/caséinate de sodium, mono- and diglycerides/mono et diglycérides, dipotassium phosphate/phosphate dipotassique, tricalcium phosphate/phosphate tricalcique, soy lecithin/lécithine de soja, sodium silicoaluminate/silicoaluminate de sodium, tocopherols/tocophérol), organic sugarcane/sucre de canne organique, alkalized cocoa powder/poudre de cacao alcalinisée, natural flavour/saveur naturelle, proprietary phytonutrient blend/phytonutriments mélange exclusive: (AçaVie™ [açai and juçara—freeze-dried powder/poudre lyophilisée, Enlivenox™ açai concentrate/jus d'açaï concentré], cocoa powder/poudre de cacao, freeze-dried acerola/acérola lyophilisée, freeze-dried maqui/maqui lyophilisée, freeze-dried cupuaçu/cupuaçu lyophilisée, camu camu powder/poudre de camu camu, freeze-dried jabuticaba/jabuticaba lyophilisée), cellulose gum/gomme de cellulose, xanthan gum/gomme xanthan, salt/sel, stevia (Reb-A), egg albumin/albumine d'œuf, whey protein hydrolysate/hydrosylate de protéine du lactosérum, calcium caseinate/caséinate de calcium, milk protein isolate/isolat de protéine de lait.



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MONAVIE RVL NUTRITION SNACK BAR

US LABEL

Nutrition Facts	
Serving Size: 1/2 Bar (25 g)	
Servings Per Container: 30	
Amount Per Serving	
Calories 100	Calories from Fat 30
% Daily Value*	
Total Fat 3.5 g	5%
Saturated Fat 1.5 g	7%
Trans Fat 0 g	
Cholesterol 0 mg	1%
Sodium 55 mg	2%
Potassium 45 mg	1%
Total Carbohydrate 12 g	4%
Dietary Fiber 2 g	6%
Sugars 9 g	
Protein 5 g	10%
% Daily Value*	% Daily Value*
Vitamin A 20%	Vitamin C 20%
Calcium 30%	Iron 4%
Vitamin D 20%	Vitamin E 20%
Vitamin K 20%	Thiamin 20%
Riboflavin 20%	Niacin 20%
Vitamin B ₆ 20%	Folate 20%
Vitamin B ₁₂ 20%	Biotin 20%
Pantothenic Acid 20%	Phosphorus 25%
Iodine 20%	Magnesium 20%
Zinc 20%	Selenium 20%
Copper 20%	Manganese 20%
Chromium 20%	Molybdenum 20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Ingredients: Protein blend (whey protein isolate, soy protein isolate, soy crisps [soy protein isolate, rice flour, malt extract, salt], whey protein concentrate), yogurt flavored coating (sugar, palm kernel oil, nonfat dry milk solids, yogurt powder [cultured whey protein concentrate, cultured skim milk, yogurt culture], soy lecithin, salt, natural flavor), fructose, soy nut butter [roasted soybeans, naturally pressed soybean oil, maltodextrin, granulated cane sugar, monoglycerides, salt], brown rice syrup, fruit blend (prune paste, date paste, white grape juice concentrate, corn syrup, red beet juice, freeze dried açai powder), vitamin and mineral blend [dicalcium phosphate, magnesium oxide, ascorbic acid, vitamin E [acetate], niacinamide, zinc oxide, copper gluconate, d-calcium pantothenate, manganese sulfate, vitamin B₆, riboflavin, vitamin B₁, vitamin A [palmitate], chromium chloride, folic acid, d-biotin, potassium iodide, sodium molybdate, sodium selenite, vitamin K₁, vitamin D₃, vitamin B₁₂], inulin (fiber), soy nuts, natural flavor, cranberry fruit pieces (cranberries, apple juice concentrate, sunflower oil), sunflower oil.

Contains: Soy and milk.

CANADA LABEL

Medicinal Ingredients/Ingrédients médicinaux	
Per 1/2 bar (25 g)/par 1/2 barre (25 g)	
Calcium [dicalcium phosphate/phosphate de dicalcium]	300 mg
Phosphorus/Phosphore [dicalcium phosphate/phosphate de dicalcium]	250 mg
Magnesium [magnesium oxide/hydroxyde de magnésium]	100 mg
Vitamin/Vitamine C (ascorbic acid/acide ascorbique)	12 mg
Niacinamide	4 mg
Vitamin/Vitamine E (d-alpha tocopheryl acetate/d-alpha tocophérol acétate)	3 mg (6 IU)
Zinc (zinc oxide/oxyde de zinc)	3 mg
Pantothenic acid/Acide pantothénique (d-calcium pantothenate/d-pantothénate de calcium)	2 mg
Vitamin/Vitamine B ₆ (pyridoxine hydrochloride/chlorhydrate de pyridoxine)	0.4 mg
Copper/Cuivre (copper gluconate/gluconate de cuivre)	0.4 mg
Manganese/Manganèse (manganese sulfate/sulfate de manganèse)	0.4 mg
Vitamin/Vitamine B ₂ (riboflavin/riboflavine)	0.34 mg
Vitamin/Vitamine B ₁ (thiamine mononitrate/thiamine mononitrate)	0.3 mg
Vitamin/Vitamine A (palmitate)	270 mcg RAE (1,000 IU)
Folate (folic acid/l'acide folique)	80 mcg
Biotin/Biotine (d-biotin/d-biotine)	60 mcg
Iodine/Iode [potassium iodide/iode de potassium]	30 mcg
Chromium/Chrome (chromium chloride/chlorure de chrome)	24 mcg
Vitamin/Vitamine K (phytonadione)	15 mcg
Molybdenum/Molybdène (sodium molybdate/molybdate de sodium)	14 mcg
Selenium/Sélénium (sodium selenite/sélénite de sodium)	15 mcg
Vitamin/Vitamine D (cholecalciferol/cholecalciférol)	2 mcg (80 IU)
Vitamin/Vitamine B ₁₂ (cyanocobalamin/cyanocobalamine)	1.2 mcg

Nutrition Facts/Valeur nutritive: Calories 100, Fat/Lipides 3.5 g (4%), Carbohydrates/Glucides 12 g (4%), Fiber/Fibres 2 g (8%), Sugar/Sucre 9 g, Protein/Protéines 5 g. % = % Daily value/valeur quotidienne

Nonmedicinal Ingredients/Ingrédients non médicinaux: Protein blend/Mélange de protéines (whey protein isolate/isolate de protéine de lactosérum, soy protein isolate/isolat de protéine de soja, soy crisps/craquant de soja [soy protein isolate/isolat de protéine de soja, rice flour/farina de riz, malt extract/extrait de malt, salt/sel], whey protein concentrate/concentré de protéine de lactosérum), yogurt flavored coating/enrobage de yogourt (sugar/sucre, palm kernel oil/huile de palmiste, nonfat dry milk solids/solide sèche de lait non gras, yogurt powder/poudre de yogourt [cultured whey protein concentrate/culture de concentré de protéine de lactosérum, cultured skim milk/culture de lait écrémé, yogurt culture/culture de yogourt], soy lecithin/lécithine de soja, salt/sel, natural flavor/saveur naturelle), fructose, soy nut butter/beurre de noix de soja (roasted soybeans/soja grillé, naturally pressed soybean oil/huile de soja naturellement pressée, maltodextrin/maltodextrine, granulated cane sugar/canne à sucre granule, monoglycerides/monoglycérides, salt/sel), brown rice syrup/sirop de riz brun, fruit blend/mélange de fruits (prune paste/pâte de prune, date paste/pâte de datte, white grape juice concentrate/jus de raisin blanc concentré, corn syrup/sirop de maïs, red beet juice/jus de betterave rouge, freeze-dried açai powder/poudre lyophilisée de açai), inulin (fiber)/inuline (fibre), soy nuts/noix de soja, natural flavor/saveur naturelle, dried cranberry pieces/pièces canneberges séchées (cranberries/canneberge, apple juice concentrate/jus de pomme concentré, sunflower oil/huile de tournesol), sunflower oil/huile de tournesol.

This product contains the following allergens: soy and milk/Ce produit contient les allergènes suivants: soja et lait



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MONAVIE RVL DIETARY SUPPLEMENT

US LABEL

ALL NATURAL

Supplement Facts		
Serving Size: 1 capsule Servings Per Container: 56		
	Amount Per Capsule	% Daily Value
Chromium (as chromium polynicotinate)	120 mcg	100%
Proprietary Weight Loss Blend Green tea (<i>Camellia sinensis</i>) leaf extract with phosphatidylcholine from soy, bush mango (<i>Iringia gabonensis</i>) seed extract, Oligonal® (lychee fruit extract, green tea leaf extract)	375 mg	*
Proprietary Fruit and Vegetable Powder Blend AçaVie™ (açai and juçara freeze-dried powder, Enlivenox™ açai concentrate) Vegetable blend (broccoli, broccoli sprouts, tomatoes, spinach, kale, carrots, Brussels sprouts, onion)	120 mg	*
Black Pepper Extract (standardized to 95% piperine)	2.5 mg	*

*Daily Value not established.

Other Ingredients: Gelatin, cellulose, magnesium stearate, silica.

Recommended Use: Take one capsule with your morning and afternoon snacks.

Warning: If you are pregnant, lactating, or taking a prescription medication, consult a physician before using this product.

Keep out of reach of children. Store in a cool, dry place. Do not use if the safety seal is broken or missing.

Distributed by MonoVie LLC, South Jordan, UT 84095 • 1.866.956.1822 • www.monavie.com

US120LBL1

CANADA LABEL

ALL NATURAL/TOUT NATUREL

Medicinal Ingredients/Ingrédients médicinaux	
Per/par 1 capsule	
Green tea leaf extract/extrait de feuille de thé vert (<i>Camellia sinensis</i>) (12:1)	150 mg
Bush mango seed extract/extrait de graine manguier buisson (<i>Iringia gabonensis</i>) (5:1)	150 mg
Green tea leaf extract/extrait de feuille de thé vert (<i>Camellia sinensis</i>) - standardized to 50% caffeine/standardisé à 50% caféine	50 mg
Black pepper fruit extract/fruits extrait de poivre noir (<i>Piper nigrum</i>) - standardized to 95% piperine/standardisé à 95% pipérine	2.5 mg
Chromium/Chrome (chromium polynicotinate/chrome polynicotinate)	120 mcg

Nonmedicinal Ingredients/Ingrédients non médicinaux: Gelatin/gelatine, AçaVie™ (açai and juçara - freeze-dried powder/poudre lyophilisée, Enlivenox™ açai concentrate/jus d'açai concentré), fruit and vegetable blend/mélange de poudre de fruits et de légumes, soy lecithin/lécithine de soja, Oligonal® (lychee fruit extract/extrait de fruit litchi), cellulose, magnesium stearate/stéarate de magnésium, silica/silice.

Recommended Purpose: Supports healthy weight management./**Fins recommandée:** Prend en charge la gestion du poids santé.

Directions for Use (adults): Take one capsule with food, twice daily, preferably with your morning and afternoon snacks.

Utilisation recommandée (adultes): Prendre une capsule avec de la nourriture, deux fois par jour. Prenez une collation le matin et après-midi.

Warning: Consult a health care practitioner prior to use if you are pregnant or breastfeeding, or are taking other medicinal products. Not recommended for children./**Mise en garde:** Consulter un praticien de soins de santé avant d'utiliser si vous êtes enceinte ou allaitez, ou si vous prenez d'autres produits médicaux. Non recommandé pour les enfants.

Keep out of the reach of children. Store in a cool, dry place. Do not use if seal is broken./**Tenir hors de portée des enfants.** Gardez dans un endroit frais et sec. Ne pas utiliser si le sceau est brisé.

Imported by/importé par: MonoVie Enterprises Canada ULC, Vancouver, B.C. V5M 1W9 • www.monavie.com

Lot #/Exp. Date: See bottom of container. • No. Lot/date d'expiration: Voir en bas de l'emballage.

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